

## Desk Panels DPG

The innovative way to adjust office desks



## The challenge of standing up

We know it already. We sit down too much and move too little during the working day. It seems easy, but how do we really bring movement into office workers' lives?

#### Sit-stand desks bring movement - but we forget to use them

Height-adjustable desks are becoming more and more normal in modern office environments. It is no longer a piece of furniture reserved for the few. Employees are given the opportunity to be active and work ergonomically correctly during the working day.

However, research shows that we do not use the desks to their fullest. Despite the best intentions, we somehow forget to move during the day. Poor habits in the workplace dominate and we know that prolonged sitting has negative effects on to our bodies.

## Desk Panels DPG are designed to shape behaviour

We aim to improve people's lives and it does not stop in the office. So we conducted researches that would advise us on how to create sit-stand systems that inspire people to move more. Advised by behavioural science and product testing, we found that easy operation as well as sit-stand reminders are the key to desk usage.

So how to motivate office workers to use their sit-stand desk more? Our answer is the design of the LINAK<sup>®</sup> Desk Panel DPG series. Intuitive to use with no buttons required - you only need to tilt it up or down. It also includes visual sit-stand reminders, personal desk-height memory to easily switch positions, and much more. Explore more on the following pages.



Watch the video here: https://vimeo.com/407889365

## Desk Panel DPGs - the innovative desk panel series

The Desk Panel DPG series is a comprehensive product programme consisting of four desk panels ranging from a simple up/ down panel to advanced versions with sophisticated features.



## Intuitive design - awarded for high design quality



reddot design award winner 2018





#### **German innovation award 2018** - innovation, High Quality, Design, ease of comfort, functionality and ergonomy



#### Plus X Award 2018: Winner of 6 categories

- innovation, High Quality, Design, ease of comfort, functionality and ergonomy

## Designed to shape behaviour

#### Add your logo to the desk panel

Brand your desk towards customers by adding your company logo to the desk panel. On the advanced model with display (DPG1C), you can add your logo digitally into the display. Your logo can also be printed directly onto your desk panel (applies for the DPG1K and DPG1M).

- Printed logo on the DPG K and M versions
- Digital logo in the display of the C version





#### Reminders

Reminders are integrated into three of the four Desk Panels DPG. Via light, users are reminded to change position at intervals, which are possible to change and personalise.



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#### Favourite sit-stand positions

For greater comfort, users can save up to four of their favourite sit-stand heights. Full-version desk panels can use the automatic drive function, using a double tab that makes the desk drive automatically between favourite positions.

#### App connectivity

Three of the four Desk Panels DPG have Bluetooth<sup>®</sup> wireless technology integrated. Connect to the Desk Control<sup>™</sup> App. Follow personal sit-stand statistics and track your progress, receive stand-up reminders, customise your favourite height positions. The Desk Control App opens a wealth of options and is available for Android and iOS devices as well as for PCs (Windows 10).



### LINAK® tools motivate office workers to stay active

A case study with 40 participants by the German 'Institut für Gesundheit und Ergonomie', testing if LINAK reminders could create a positive effect on the sit-stand behaviour of office workers. The case study revealed that office workers with the 'sit-stand reminder kit' (including the Desk Panel DPG with LED reminder) rated the usability of their height-adjustable desks as 'good' while also increasing their sit-stand frequency.

End-users are motivated to stand more when using LINAK reminder tools.

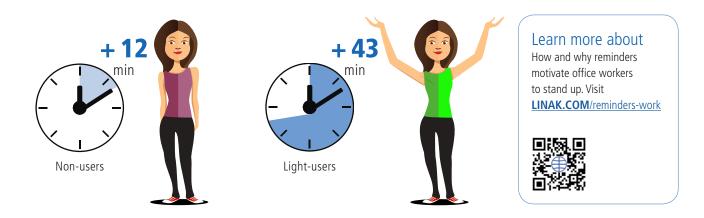
- 74 % increased their sit-stand use
- 78 % rated their desk usability as good

# Studies confirm motivating effect of sit-stand reminders

While we tend to forget to move and stand up during the day, LINAK<sup>®</sup> wanted to know how office workers could be motivated to stay active and get the most out of their sitstand desk. Two independent research projects, founded by LINAK, indicate that sit-stand reminders play a significant role in helping people to stay active during their day.

#### **Reminders work**

Research proves that reminders help you to stay active. Via a study conducted by the Danish behavioural design agency /KL.7, LINAK<sup>®</sup> wanted find out to what extent (if any) reminders affected the sit-stand behaviour of office workers using height-adjustable desks. 65 people in three different workplaces tested different types of reminders, and found that office workers who would not normally stand at their desks, used their sit-stand desks 12 minutes more each day, if they were reminded. Office workers who previously had a low sit-stand motivation increased their standing time by 43 minutes per day – thanks to the reminders.



## Desk Control<sup>™</sup> App - completing the Desk Panel DPG

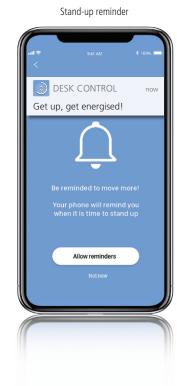
By downloading the LINAK<sup>®</sup> Desk Control<sup>™</sup> App, desk users come one step closer to changing their prolonged and often unhealthy sitting behaviour. The app is developed for users of electric sitstand desks, equipped with either of the LINAK® DPG Desk Panels DPG1M, DPG1B, or DPG1C.

Via Bluetooth® wireless technology, the app allows the users to connect their desks either to their iOS or Android mobile devices, or to their PC (Windows 10). Once the app is installed, friendly reminders

will help the user to change position frequently, while on-the-fly statistics show daily achievements.

Adding the Desk Control<sup>™</sup> App will enable you to offer the most complete and modern office desk on the market.





Personal sit-stand statistics



Motivating progress tracking



Learn more

Want to learn more about the Desk Control<sup>™</sup> App?

Download the brochure for more details.







Learn more about the Desk Panel DPG series: LINAK.COM/DPG



For further information about the  $\mathsf{DESKLINE}^{\otimes}$  product programme:  $\underline{\mathsf{LINAK.COM}}/\mathsf{DESKLINE}$ 

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Innovation is in our core. We take the lead and have the courage to make it real.



We are responsible in what we do – towards customers, employees and the environment. Creating trust is a natural part of who we are.



From global presence to local understanding. We believe in world-wide support and being close to our customers.

